

Coming Events Continued

OSRUI REGISTRATION IS STRONGER THAN EVER

Even though it is barely Thanksgiving, more than 600 campers are already signed up and some sessions are closing. We want Beth Emet children to have the chance to be in the session of their choice for the summer of a lifetime and a lifetime of friends. Go to www.osrui.org to see the OSRUI video and download a camp application.

CHANGE IN THE GIFT SHOP HOURS

The Gift Shop will be open on the 1st Friday of each month from 9:00 a.m. to 11:00 a.m. - instead of previously from 10 a.m. to noon. (the exception being that we'll be open on Friday, January 11, instead of January 4). NEWS FLASH! THE GIFT SHOP WILL BE OPEN FOR BUSINESS ON MONDAY EVENINGS starting January 7 from 6:30 to 8:00 p.m. Please stop by while you're in the building for a meeting or a class, and see the exciting new merchandise we have waiting for you!

NAMI CONNECTIONS—Every Monday from 4:00 to 5:30 p.m. at Beth Emet

NAMI Connections is a support group open to all adults with mental illness regardless of their diagnosis. Anyone who is challenged by mental illness can drop in to share feelings, thoughts, problems, or success stories, or to offer encouragement. This support group is special because people with a mental illness who are in recovery will facilitate it. This allows a more comfortable environment for everyone to talk about their day-to-day topics they would like to discuss without being judged. If you have any question you can contact Avigal at 847-513-3930 or Candice at 847-716-2252 (NAMI's office).

NEW ADDITION TO GAN SHABBAT AT KAHAL ON SHABBAT MORNINGS

Introducing Ivanna – The congregation has engaged a regular adult babysitter who will be assisted by our teens in our Kahal Gan Shabbat. Moms and dads can now comfortably join us at Kahal knowing that we have consistent adult care for your little ones.

CARPOOL: BETH EMET STYLE

Would you like to be part of a carpool to get to and from Beth Emet? Please let us know if you are either able to pick someone up for an event, service or meeting, or if you would appreciate carpooling, or if you would like to be picked up for services, classes, committee meetings or special events at Beth Emet. Please let us know so we can set up this service. For more information please contact Florence Jacobson at 847-491-6414.

YOGA AT BETH EMET—For December

Students of yoga may hesitate or decline from meditation, due to an aversion of what they might see. Diane Bloomfield explains in her book Torah Yoga, "You are in Egypt when your mind is contracted. Expanding your mind is the way out of Egypt." Continued practice helps us open into peaceful surroundings we enjoy—the Light of unlimited possibilities. Drop in anytime—Mondays, 7:30-8:45 p.m.; Thursdays, 4:30-5:35 p.m.; Fridays, 9:40-10:45 a.m. Mats are supplied. Contact Mayta Spitz, mspitz@bethemet.org or 847-869-4230 ext. 306, for January times.

Mark your Calendar – Saturday, December 22, 2007

Celebrate the fact that from this day forth, the days are getting longer!

WINTER GAME NIGHT—Saturday, December 22 at 5:30 pm

How: Play games, make merriment and eat comfort foods. Where: Beth Emet, in the Herman Crown Room. When: December 22, 2007, from 5:30 - 9:00 p.m. Who: Anyone – all ages are welcome. What: Play games at various stations, eat pot-luck comfort foods such as mac and cheese, kugels, matzo balls, milkshakes, and whatever else warms your heart and stomach, and wear your PJ's or sweats – this event is extremely casual. How Much: Free – just bring your favorite comfort food. Why: Because it will be fun! To RSVP or for more information: Bekki at 847-869-4230 or Beth 847-251-8809

COMMUNITY EVENTS

ANNUAL COMMUNITY INTERFAITH THANKSGIVING SERVICE

Sunday, November 18 at 7:00 p.m. at Alice Millar Chapel, 1870 Sheridan Road in Evanston

The event is sponsored by Interfaith Action of Evanston. Representatives of many faiths will lead this service of prayer and thanksgiving. Guest speaker will be Dirk Ficca, Executive Director of the Council for a Parliament of the World's Religions. There will be a ritual sharing of the world's breads, with music by New Revelations Choir and a choir from Northwestern. Drop-off tables for canned goods to replenish Evanston food pantries will be at church entrances. Weekend parking is available in University lots surrounding the Chapel.

MI SHEBEIRACH LIST. If you would like a name on the Mi Shebeirach list, please contact Bonnie Stone Stern at ext. 311. This name will stay on the list for three weeks. Please contact us again if you need the name continued.

THE RABBIS AND CANTOR NEED TO KNOW. Please inform either Bonnie Stone Stern at ext. 311 or Mayta Spitz at ext. 306 when a family member is in the hospital. Too often we find out about illnesses, crises and hospitalizations long after they occur. This is a missed opportunity for the telephone calls and visits the rabbis and cantor would like to share. Please let us know if there is a concern in your family or another congregant family (with their permission). We need your help in order to offer ours.

SERVICE PARTICIPATION. Blessing the Shabbat candles, reciting the Torah blessings, and reading from the Torah are opportunities for all members of the congregation to participate more fully in Shabbat worship. We would like to give more congregants the opportunity to have these honors. Please contact **David Roston at 847-475-5169 or dcroston@comcast.net** for more information.



Shabbat Vayetze
7 Kislev 5768
November 16 & 17, 2007
Triennial Cycle III
Genesis 31:17—32:3
Haftarah Hosea 12:13-14:10

Rabbi Peter S. Knobel
Rabbi

Andrea C. London
Rabbi

Erin R. Frankel
Cantor

Bekki Harris Kaplan
Executive Director

Rhonda Mlodinoff
Educator

Aaron Gunning
Youth Director

Kathy Kaberon &
Fran Zimmerman
Early Childhood Directors

Mort Denlow
President

Rabbi David Polish z"l
Founding Rabbi

SHABBAT VAYETZE — 7 KISLEV 5768

Friday, November 16

Candle Lighting: The Newmark Family
D'var Torah: Rabbi Peter Knobel

Special Presentations:

Consecration of the new Siddur in loving memory
of Beth Emet Past President, **Andrew Melczer**

In appreciation to **Dan Schechter** for his work with
Miskan T'filah

Saturday, November 17

Kahal—9:30 am in the Weiner Room
Minyan—9:30 am in the Perlman Room
Bar Mitzvah—10:30 am in the Main Sanctuary:
Daniel Newmark

תפילות About Our Service

"More than the Jewish people has kept Shabbat, Shabbat has kept the Jewish people." – Ahad HaAm

Rabbi Abraham Joshua Heschel called Shabbat a "sanctuary in time." From the end of the day on Friday to the end of the day on Saturday, we create this sanctuary as a community, a time to release ourselves from the bonds of our hectic lives, to spend time with family and friends, and to reflect on what's most important. At Beth Emet we offer a variety of worship opportunities that highlight the different aspects of Shabbat observance. We encourage you to experience the flow of Shabbat through a full day; from joy to rest to holiness to joy and back to rest.

As the day ends on Friday, we greet the Shabbat with great oneg (joy) as we enter the period of k'dusha (holiness) that will last until the end of the day on Saturday. Though in our worship on Shabbat evening we

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Upcoming Events Listed on Page 3

Welcome: Shabbat

Shalom! We are glad that you are at Beth Emet as part of your Shabbat celebration. Should you have any questions or if we can be of any help, please do not hesitate to contact a member of our clergy, our Executive Director, our lay leadership or one of the ushers.

Introduce Yourself:

Kehilla / Community is a very important part of Beth Emet. Please turn to others around you, introduce yourself, and make sure that no one is left without someone to celebrate Shabbat.

Cell Phones: We kindly ask that you please turn your phone off or to vibrate as to not disturb others during our worship service. Should you need to take a call during services, please take the conversation outside our Sanctuary. Thank you.

Todah Rabah to:

Our Ushers

Mareon Arnold
Steve Steinhart
Gita Weintraub
Lee Weintraub

Our Musician

Barb Wertico

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About Our Service

focus on oneg (joy), we already anticipate the opportunity for much needed m'nucha (rest) that will come at our Shabbat dinner table and in our time with family and friends.

At 6:30 pm each Friday evening we welcome Shabbat with liturgy of Kabbalat Shabbat. This hour-long service features a collection of Psalms and the liturgical poem L'cha Dodi, as compiled by the mystics of Sefed, which help us express our joy at the coming of Shabbat. We sing Psalms and L'cha Dodi with much energy and joy as we welcome the Shabbat bride. We acknowledge the holiness of Shabbat with Shabbat's anthem, V'shamru, and then provide time with the silent Amidah for personal prayer and the beginning of Shabbat rest.

As Shabbat morning begins, we enter the synagogue for the main worship experience of Shabbat, where we honor the k'dusha (holiness) of Shabbat through extended prayer, the reading of Torah, and the study of the week's Torah portion. Our worship sets us up for the enjoyment of an afternoon of Shabbat m'nucha (Shabbat rest).

Shabbat afternoon is an opportunity to spend time with loved ones, enjoy the outdoors, curl up with a good book, or take a much-deserved nap, all in the name of m'nucha (rest). We encourage you to linger over a long Shabbat lunch and then enjoy the afternoon hours in whatever may make you feel refreshed. At sundown, say goodbye to Shabbat and its holiness with Havdala, a short ritual, easily performed at home, that marks the transition from k'dusha (holiness) to chol (everyday). For assistance in gathering the appropriate materials, singing or reciting the blessings, and performing the ritual of Havdala, please contact the Cantor's office.

Shabbat Shalom. May it be a peaceful and meaningful Shabbat.

Summary of this week's Torah Portion

Parashat Vayetze / Genesis 28:10-32:3

Vayetze means "and he went out" and relates the story of Jacob's departure from Beer-sheba for distant Haran, Rebekah's birthplace. The first night of his journey, he dreams of a stairway reaching from earth to heaven and is told by God that his descendants will be blessed and that they will inherit the land already promised to Abraham and Isaac. After a long journey, Jacob arrives in Haran where he is welcomed by Rebekah's brother Laban and his two daughters, Leah and Rachel. Laban promises to allow Rachel to marry Jacob if he will work seven years for him. When it comes time for the marriage, Laban deceives Jacob by sending Leah to his tent. When Jacob protests, Laban tells him that, if he will serve another seven years, then he will also give him Rachel. Jacob agrees. With his two wives and their maidservants, Bilhah and Zilpah, he has twelve children: Reuben, Simeon, Levi, Judah, Issachar, Zebulun, and Dinah with Leah; Dan and Naphtali with Bilhah; Gad and Asher with Zilpah; and Joseph with Rachel. After working many years for Laban, Jacob decides to return to his homeland. He works out an agreement with Laban for payment of his wages. They will divide the herd. Jacob will be given all the spotted and speckled sheep and goats; Laban will keep the rest. Laban agrees, but, when Jacob's herd increases in numbers, Laban's sons accuse Jacob of cheating the. Fearing trouble, Jacob decides to leave secretly with all his family and cattle. Laban pursues him, but, when he overtakes him they share their grievances and reconcile their differences. Afterwards, Jacob and his family continue on their way.

THEMES: Parashat Vayetze contains three important themes:

1. The meaning of angels in the Torah.
2. The difference between proper and improper prayer.
3. Dealing with dishonest people.

D'var Torah

Coming Events & Services

CHASSAMBA HITS DAVE AND BUSTER'S November 18 at 12:30 p.m.

Do you like Ski Ball and Dance Revolution? Then join Chassamba, as we go to Dave and Buster's; think Chuck-E-Cheese's for big kids. Beth Emet's Junior Youth Group will be hitting the road at 12:30 p.m. to go to D&B on Clark in Chicago. We will return at 5 p.m. Cost is \$20 for members and \$25 for non-members. RSVP to Aaron Gunning at agunning@bethemet.org or by phone...847-869-4230, ext. 314.

INFO SESSION FOR BETH EMET HIGH SCHOOL'S D.C. TRIP Sunday, November 18 at 7:30 p.m.— Nidenberg Home - 10 Martha Ln; Evanston

If any one is interested in going on our trip to D.C. for Panim el Panim in February, we will be hosting an info session. Elana Berenson, formerly a Panim programming fellow, will be there to answer questions and explain the program in depth. Registration materials will be made available at the session. RSVP to Aaron Gunning at gunning@bethemet.org or by phone...847-869-4230, ext. 314.

PARTY LIKE A PURITAN Tuesday, November 20 from 4:00 to 8:00 p.m.

Trust us...it's more exciting than it sounds. BESSY, Beth Emet's Senior Youth Group, is hosting a pre-Thanksgiving party. Come hang out, enjoy free food and drink, play some guitar hero, or test your cinematic trivia knowledge against our membership chair and youth director. There may even be a door prize or two. Drop by after school. Feel free to stay as long as you want. Glass beads, metal tools, or small pox blankets will be accepted at the door in exchange for admission. Just kidding, the cost is actually free!

REMEMBERING FORMER MAYOR, HAROLD WASHINGTON Sunday, November 25 at 4:00 p.m.

Rabbi Andrea London will be sharing prayer and thoughts, along with a wide array of clergy, in remembrance of Harold Washington, on Sunday, November 25th at 4:00 pm. An interfaith memorial prayer service, filled with music and choral performance, in honor of the late Chicago mayor will be held at the First United Methodist Church-The Chicago Temple, 77 W. Washington St. (across from Daley Plaza), to observe the 20th anniversary of his death. The community is invited to participate in reflecting on the life and unique contributions of Harold Washington

A JOYFUL NOISE UNTO THE LORD The 16th Annual Sidney and Sarah Mogul Concert Thursday, November 29 at 7:45 p.m.

The Cosmopolitan Church of Prayer Choir, founded and organized in 1960 by Dr. Charles G. Hayes, has performed throughout the Chicagoland area as well as in Europe. Hear their uplifting and enthusiastic gospel music. Cost is \$10/ticket-available by phone, e-mail or at the door. Contact Mayta at 847-869-4230 ext. 306. Listen at <http://uk.youtube.com/watch?v=Iq4WHmSPP9w>.

YOUTH SHABBAT DINNER Friday, November 30 at 7:30 p.m.

Join BESSY, Beth Emet's Senior Youth Group, for dinner after services. Dinner is free of charge and if you hang out afterwards and beat Max at Guitar Hero you win the leftovers! RSVP to Aaron Gunning at gunning@bethemet.org or by phone...847-869-4230, ext. 314.

2007-08 MITZVAH CAMPAIGN IS HERE!

On behalf of the Beth Emet community, we are asking you to perform an important mitzvah by contributing generously to the Mitzvah Campaign, which is Beth Emet's single largest annual fundraiser. Last year the Mitzvah Campaign raised over \$220,000 from over 275 Beth Emet households. This year we hope to raise at least \$240,000. Your contribution will support all of the diverse worship, life-cycle, educational and other programming of the synagogue. It also will enable Beth Emet to continue its commitment of welcoming Jews into our congregation regardless of financial means. We recognize that many of you have been extremely generous over the past years supporting Beth Emet and other worthy causes, and we hope that you will again support your synagogue and your Beth Emet community. Shari and Stephen Reiches, 2007-08 Mitzvah Campaign Co-Chairs

GOT KVUTZAH? COME JOIN THE FUN!

Kvutzah is the Hebrew name for Special Interest Activity Groups that are now being introduced at Beth Emet. These new social recreational groups are being created to help members connect with other members who have common interests. And make new friends, too! What interests you? There are lots of choices: book club, movie club, music ensemble, bridge, mahjong, bonko, family games, cooking club, scrapbooking, biking, softball, bowling and pool. Some activities will be at Beth Emet and some will be in homes and at other locations. And if you don't see your favorite activity listed, just let us know. It's easy to get started. Email your preference(s) to office@bethemet.org or call Beth Emet (847) 869-4230 x 300. This is a great time to begin. Check out more at <http://www.bethemet.org/Highlights/Specials.pdf>.

You Should Know...

No Beit Sefer November 22 & 26th

Chanukah First Candle
Tuesday, December 4

Chanukah Family Service Friday, December 7

Shabbat Dinner @ 5:30 pm
Services & Consecration @ 6:30 pm

Tot Shabbat

Saturday, December 8 at 9:00 am

Kahal Service Welcomes New Members

Saturday, December 8 at 9:45 am

Game Night For All

Saturday, December 22 at 5:00 pm

BESSY Festivus Party

Saturday, December 22 at 6:00 pm

For more details, please see
the Bulletin or the Beth Emet
website at www.bethemet.org